Read a book with no words OR a book with no pictures
Read a picture book or graphic novel
Read with a grown up, pet, or favorite stuffed animal
Read a fiction book (a story that is made up)
Read a book that makes you laugh
Re-read an old favorite book
Read a book that you have never read before
Read a non-fiction book (a book about something real)
Look at a newspaper or magazine
Read a book from the 2021 Nutmeg nominee list (https://www.nutmegaward.org/)
Make something in the kitchen (get permission first!)
Play outside
Take a walk with someone in your family (pets count!)
Help an adult with a chore
Create a piece of art
Take a photo of something you think is beautiful
Write a song, poem, or story
Mail something to a friend or a family member (not email!)
Tell someone a joke
Recommend your favorite book to someone